

COMMUNITY RENEWAL TEAM CONGREGATE MENU- NOVEMBER 2021

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Beef Hot Dog Hot Dog Bun Mustard, Relish, Ketchup Baked Beans California Blend Veggies Fresh Fruit	2	Steak Fajita's w/ all the fixins	3	Orange Juice Vegetable Lasagna Zucchini Squash Wheat Bread Whole Gr Oatmeal Bar	4	Chicken Pot Pie	5	Fish Florentine Fiesta Rice Cut-Up Winter Squash Oatnut Bread Fresh Fruit
8	Apple Juice American Beef Chop Suey Vegetable Medley 12 Grain Bread Fresh Fruit	9	Cheese Omelet Home fries Fruit Salad	10	Stuffed Pepper with Tomato Sauce Pasta Italian Blend Vegetables Italian Bread Fresh Fruit	11	CLOSED! VETERANS DAY	12	Oven-Bked Fried Chicken Garlic Mashed Potatoes Carrots 12 Grain Bread Fresh Fruit
15	Kielbasa and Cheese Pierogies with Carmelized Onions Capri Blend Vegetables 100 % Whole Wheat Brd Fresh Fruit	16	Pasta w/ Meatsauce Salad Garlic Bread	17	Meatloaf / Onion Gravy Seasoned Diced Potatoes Broccoli Florets 100 % Wh Wheat Brd Fresh Fruit	18	BBQ Ribs Cole Slaw Bread	19	Bked Fish w/ Lemon Dill Butter Parslied Boiled Potatoes Yellow Squash Whole Grain White Brd Peaches
22	Chicken Picata Rice Pilaf Prince Wm Blend Veggies 100 % Whole Wheat Brd Fresh Fruit	23	Mac & Cheese Caesar Salad	24	Peach Glazed Pork Loin Baked Beans Zucchini Corn Muffin Loaf Fresh Fruit	25	CLOSED! Happy Thanksgiving	26	CLOSED!
29	Cran-apple Juice Stuffed Cabbage w/Tom Sce Bowtie Pasta Broccoli Florets 100 % Whole Wheat Brd Frosted Cake	30	Cheeseburger Potato Salad						

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses
All meals are served with milk, bread, and margarine. SUGGESTED DONATION: \$3.00 or what you can afford.

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